Blaze Away:

Divulging Dynamic Presenting & Speaking Skills for Everyone

Presented by Katie Karlovitz
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“Talk that does not end in any kind of action is better suppressed altogether.”

—THOMAS CARLYLE
“We are all worms, but I do believe that I am a glow worm.” Winston Churchill

Find your inner glow worm
Is there a gulf between what you know, and how you sound talking about it?
Most useless advice award:

• Just speak from the heart.
• Don’t be nervous, they want you to do well.
• Just be yourself!
• Imagine them in their underwear.
• Tell a few jokes—make them laugh.
“Life is sharing your being.”

—RAM DASS

Speaking in public is too.
presenting & presencing

Similar yet different. You’ll want to be able to do both.
“Talent does not equal performance. Preparation equals performance.”

—RICK PETERSON

MLB talent & graduate of Mt. Lebanon High School
You have to schedule time for yourself to learn & prepare. It won’t happen by itself.
“All is energy.”

ALFRED EINSTEIN
This graph shows how messages are perceived. It supports the adage, “It’s not what you say, it’s how you say it.”
What you say and what you don’t say influence the tone of your message.
“Do not fear mistakes, there are none.”

—MILES DAVIS

Well, he should know.
“This above all; to thine own self be true.”

POLONIUS’ S ADVICE TO HAMLET
"Hide not your talents, they for use were made. What’s a sundial in the shade?"
“We only truly know something when we feel it.”

AUTHOR DAVID MCCULLOUGH

Another son of Pittsburgh
“You control your emotions or your emotions will control you.”

-COACH JOHN WOODEN

The same is true of stage fright, which is an emotion.
“I apologize for writing such a long letter, but I did not have the time to write a shorter one.”

EITHER MARK TWAIN OR ABRAHAM LINCOLN

Less is more.
Physical Support for the Speaker

- eat a good breakfast
- limit dairy products
- limit caffeine
- drink room temp water
- nothing carbonated
Don’t wait until you’re asked to speak to start preparing possible content
“So, Jim, where do you see yourself in ten minutes?”
“And now here is my secret, a very simple secret; it is only with the heart that one can see rightly, what is essential is invisible to the eye.”

—SAINT-EXUPERY

With all my heart, I thank Carnegie Mellon.
How can I help? Coaching support of any kind can be transformative, if the fit’s a good one & the time is right for the seeker. If you’re thinking about dynamic public speaking skills, here are some options-

Workshops for your business, company, group, tribe etc.

Private coaching. Live in NYC, by Skype or phone, or at your .

On-line meet up groups for weekly lessons/support

Webinars

Weekend intensives, for up to four people, in NYC